



Tri-Adventure Race Report

Bentley Copse 9th April 2017

What a fantastic day we had setting out the course on Friday! Beautiful, cloudless skies in one of the most gorgeous parts of the UK – what more could we ask for? I even managed to spot a grass snake while fixing one of the checkpoints.



The drive over to the venue on Sunday was absolutely awesome – coming over the top at Newlands Corner at 6.30am, and seeing the landscape spread out below in the early morning, slightly misty, sunshine, made the early start all the more worthwhile. We were back at Bentley Copse this time, for the second event in the **Spring Series**, and the weather couldn't have been more different from last time. A beautiful warm day welcomed a large number of participants, and there were some determined efforts, and a lot of perspiration, to bag all the checkpoints in the various categories.

The course was in good shape and, despite the recent good weather, there were some really muddy bits to challenge everyone.

We always welcome having youngsters taking part along with their parents, as they are the next generation of adventure racers, so welcome again William Locke. I hope your hand is better, and that you'll be ready for Liphook in May. Make sure those wheels are on tight next time!

There was a really good turnout in all the categories this time, and the racing was fast and furious. Glenn Stevens even managed to beat the transition time of "The Queen of Transition" – Pat Daas, by being in and out in just 15 seconds, compared to Pat's 18 seconds!

After the ups and downs of last month, where he collected all the CPs (but also major time penalties) in the **Men's Trail**, Barry Watts again collected the most CPs, and his time penalties were much lower, but still not enough to win the event. It's all heading in the right direction, Barry.



The performance of the day has to be Sid Hardy's second place in the **Men's Experience**. He raced an excellently judged event, and I'm sure he won't mind me saying that, in Ross Remnant (the winner), he came up against someone to whom he was conceding quite a few years! Well done Sid! Only one checkpoint separated first from second, with Sid beating Andy Jones by the same margin, and all three finished the race within the four hours.



The **Ladies' Experience** event saw Hannah Cooke win this category for the second time in a row, although she didn't quite match her tally from Cranleigh. In the **Experience Pairs**, Matthew Humphreys and Katherine Smith won this category with 19 CPs, with nearly 6 minutes to spare – could another CP, even with a possible small time penalty, have got you nearer the 200 point mark? Who knows!



For some reason, there were fewer participants in the **MTBO** event this month. The **Male MTBO** was won by Peter Burdett, who managed an impressive 15 of the 18 CPs, and who came first despite some time penalties. In the **Ladies' MTBO** event, Jane Robinson continued her winning ways, collecting 11 CPs, and finishing with 34 seconds to spare.



In the **Female Sprint** event, Iva Kalášková is developing quite a formidable reputation for herself. Racing this time without her usual partner (Michelle Baeten), she still managed to collect enough CPs to win this category. The **Male Sprint** was a keenly contested event behind Andrew Woodhouse, who left everyone in his wake. Steven Nash and Phil Gubby were back again racing in the **Sprint Pairs**, and they pulled off an impressive win with 90 points. It was great to welcome back the “Biscuit Team” (you know who you are!) after a bit of an absence, and thanks for introducing a couple of friends – I hope they’re now truly hooked on our great sport of Adventure Racing.

Congratulations to Tom Frost, for winning the **Male Trail** in a very tight race. Jamie Oliver must have thought he’d got the race in the bag when he finished within the 2 hours, but Tom managed to get back earlier with the same number of CPs. No fewer than four competitors collected 10 CPs, with time penalties making the difference to their finishing position. The **Ladies’ Trail** produced an interesting result. Nicola Dobson won the event with 70 points, even though no fewer than 3 ladies collected more CPs than Nicola, but they all incurred time penalties for finishing late.



The events added bonus of ice pops at the finish seemed to go down very well, as did the Easter Eggs which were collected by the winners of the various categories.



Lost Property – We had a couple of items that were left behind yesterday. We found a compass in the bike transition, and someone left a khaki coloured woollen zipped jumper on the outside bench table. Just contact me to arrange collection.

At Tri-Adventure, we care greatly that people of all ages and abilities should be able to turn up and have a fun, yet challenging day out. So, at one end of the spectrum, we have the hard core Experience, Sprint, MTBO, and Trail racers, all doing their best to bag the maximum number of CPs. At the other end, we have families taking part, with the youngsters often exhorting their parents to go faster!

I'm really encouraged to see so many first timers trying out our events each month. We hope all you "newbies" enjoyed your experience, and that you'll be back and will spread the word to your friends and family.

Experience (4 hour event)

Male	Points/Time
1 st Ross Remnant	220 03:55:52
Female	Points/Time
1 st Hannah Cooke	157 04:06:08
Pairs	Points/Time
1 st Matthew Humphreys/Katherine Smith	190 03:53:45

Sprint (2 hour event)

Male	Points/Time
1 st Andrew Woodhouse	104 02:03:00
Female	Points/Time
1 st Iva Kalášková	70 01:59:51
Pairs	Points/Time
1 st Phil Gubby/Steve Nash	90 01:59:19

Trail (2 hour event)

Male	Points/Time
1 st Tom Frost	100 01:55:52
Female	Points/Time
1 st Nicola Dobson	70 01:49:21

MTBO

Male	Points/Time
1 st Peter Burdett	135 02:07:04
Female	Points/Time
1 st Jane Robinson	110 01:59:26

Congratulations to all our worthy winners!

A special word of thanks to our Volunteers. A lot of work goes on behind the scenes, and the smooth running of this event wouldn't have been possible without the help of Chris, Liz, and Leszek.

The full race results, with splits and transition times, as well as the Series results, are available on the Tri-Adventure website [here](#).

Photographs can be found and tagged/shared in our Facebook album [here](#).

If you have photos to add from events, please do [email](#) them, tweet them to [@tri_adventure](#), or post them on [Facebook](#) and we will share them.

As usual, thanks to those who shared their thoughts and made suggestions on the day. I am always open to suggestions to improve and expand the Tri-Adventure experience for more and more people. If you have had a thought to add since Sunday, please pop it in an [email](#) now!

NEXT EVENTS

The days are getting longer, and our next event, the third in our **Spring Series**, is at a brand new location for us - **Liphook** on **Sunday, 7 May**. Online entry is already [open](#), so do take advantage of the Early Bird rates, and the opportunity to see their collection of steam trains.

Also, if any of you, or your friends, want to brush up your **Navigation Skills**, do let me know. I run one day Navigation Courses throughout the year, on set dates or at a time to suit. The next one is on **Sunday 30 April**, so keep an eye out for dates on the website, or just get in touch if you have a particular date in mind. Full details of what I cover on the day can be found on [CLICK HERE](#).

The dates and locations through to February next year are now confirmed, and can be found on our website [here](#), so please put them in your diaries. There will be trophies and prizes at the end of each series. The venues through to September are now confirmed, and we will add other venues as soon as we finalise them.

Once again, thanks for coming along to Bentley Copse on Sunday, and making it such a great event. It's clearly a very popular spot in the Surrey Hills, and we'll be back there again, with another exciting course some time in the future. I know I say this in every Report but, quite simply, without you, there would be no Tri-Adventure. Please help us to spread the word about these great weekend events so that we can get the numbers up, and I look forward to seeing you again in May.

Finally, please use Social Media to tell others about your experiences with Tri-Adventure – Facebook, Twitter, Instagram, etc. We want to keep putting on fantastic events, which challenge people whilst making them feel good (as those of you who take part will confirm), and we need to keep increasing our numbers to make this happen. So, share your comments, your tweets, and your photos, and please keep liking our posts.

Yours in Adventure,

Adam

