



Tri-Adventure Race Report

Bentley Copse 12 November 2016

What a difference a day makes! When we set the course out on Friday, we had a most beautiful Autumn day – fabulous sunshine coming from a cloudless sky, and not a breath of wind. The Surrey Hills look amazing in this light, with the colours of the trees and landscape being at their best at this time of the year. It was a real pleasure to be out in that environment on Friday.

Come Saturday, and the promised weather front materialised, with rain and mist greeting the participants, as they arrived for the event. We were trying out a new venue, although we did use it as a transition spot during the July Night & Day event.

Bentley Copse turned out to be a fabulous venue, and one of its great attractions is that there are so many different courses we can prepare, whilst using it as our Registration and Transition point.

I'd prepared quite a demanding course, and the rain added to the challenges faced by the participants. There was a reasonable turnout this time, which provided for some real competition in the various categories. Everyone seemed to enjoy themselves, with the weather and conditions adding to the pleasure and challenge.

Ross Remnant again took first prize in the **Male Experience**, having been pushed all the way by Matt Zalewski and Daniel Murphy. Daniel collected the most Check Points, but his time penalties pushed him back to third.

Another highlight was the three way tussle in the **Female Trail**, in which Naomi Brewer with daughter Petra, Natasha Trasi and Jules Claridge all collected 8 Check Points, with just their finishing times decided their places. The **Men's Trail** was won by Simon Holroyd, who was on hand before the race started to advise people on route selection and navigation strategy. Simon is one of our regulars, and I'm really pleased he offered his help and advice to some newbies because it isn't too long ago that he was learning about Navigation. Simon attended one of my **Day Navigation** courses (next one on 10 December [more info.](#)), so it shows that my courses do have a positive impact!

There was a great atmosphere all the way through the event and, as the start horn went off at 10am, people set off in different directions, following their various strategies. One of my colleagues, [Coach G](#) was on hand, filming and talking to participants about their experiences. Tracey Blandford, our Marketing Adviser, came along as well, and managed to get some great conversations going with the participants. Look out for the "Snap Chats" that will go on our social media and [Youtube Channel](#).

True to his word, young Will Locke was back again with his Dad, and this time, they managed to finish within the time slot, thanks to Dad's new watch!



I'm really encouraged to see so many first timers trying out our events each month – there were 18 on Saturday. We hope all you “newbies” enjoyed your experience, and that you'll spread the word to your friends and family. You've got your first [Tri Point](#), and you're on your way to getting a discount.

Please also remember that, every time you recommend someone who comes along and takes part, you also receive a Tri Point.



All the events were keenly contested, and there were some outstanding performances. I've already mentioned the tussle between Ross Remnant, Matt Zalewski and Daniel Murphy in the **Men's Experience**. Although the weather played a big part in the number of Check Points they visited, the effort they all put in was evident as they crossed their line, barely recognisable as a result of all the mud and puddles they'd been through. The **Female Experience** was won by Laura Ashfield.

We had five entries in the **Experience Pairs**, and the event was won by James Fraser and Rich Carter, who collected 18 CPs within the four hour time limit.



*from Mickleham event

Only one CP separated Andy Jones and Tim Buckley (who was making a welcome return to Tri-Adventure) in the **Male Sprint**, with Andy coming out on top on this occasion.

The **Sprint Pairs** was won by a trio – Tom and Ed Brewer, racing with Tom Hunt, and, again, only one CP separated first and second.



There was some very close racing in both the **Men's** and **Ladies' 2 hour Trail**. Simon Holroyd led the men home with a 100 points, with 2nd, 3rd and 4th all finishing with 8 CPs, their places being determined by their finishing times.

Three ladies collected the same number of CPs in the **Ladies' Trail**. Naomi Brewer with her daughter Petra had the best time, with just over 5 minutes separating 2nd and 3rd.



The **MTBO** category saw the **Men's** event being won by Mark Henrick, with the **Ladies'** section being taken by Rachel Clay, riding for VC Neudon. 3 months in, this event is now an established part of the Tri-Adventure "package".

We had a bit of a disruption towards the end, as some of you will have seen my Mum slip by the teas and cakes, hurting her leg quite badly. She was checked over and X-rayed at Guildford A&E, who took good care of her and discharged her the following day with a load of pain killers and some crutches. Nothing broken and she's assured me she'll be at Albury on 4 December, and that the usual selection of cakes will be there. So, no worries!

Mum's accident really threw our logistics into disarray, this time, it was down to Liz and myself to get all the CPs in. I love running and navigating in the dark, so, with my head torch on, I managed to get them all in, and we arrived back in London just after midnight. A bit of a long day, this time.

I'm also particularly grateful to Coach G, who came along on Friday evening and helped me with the organisation of the event. He also took loads of photos and filmed some interviews, so look out for these on our new [YouTube channel](#).

Experience (4 hour event)

| Male | | Points/Time | |
|-----------------|------------------------------|--------------------|----------|
| 1 st | Ross Remnant | 209 | 04:00:28 |
| 2 nd | Matt Zalewski | 182 | 04:08:53 |
| 3 rd | Daniel Murphy | 172 | 04:23:34 |
| Female | | Points/Time | |
| 1 st | Laura Ashfield | 101 | 04:29:27 |
| Pairs | | Points/Time | |
| 1 st | James Fraser/Rich Carter | 180 | 03:53:09 |
| 2 nd | Caroline Wharton/Paul Boakes | 140 | 03:56:58 |
| 3 rd | Daniel Sandham/Jane White | 121 | 04:04:16 |

Sprint (2 hour event)

| Male | | Points/Time | |
|-----------------|---------------------------------|--------------------|----------|
| 1 st | Andy Jones | 96 | 02:06:45 |
| 2 nd | Tim Buckley | 81 | 02:04:08 |
| 3 rd | Chris Ness | 70 | 01:53:21 |
| Pairs | | Points/Time | |
| 1 st | Tom & Ed Brewer/Tom Hunt | 80 | 01:57:21 |
| 2 nd | Richard Hall/Tobias Little | 70 | 01:50:11 |
| 3 rd | Matthew Goddard/Rebecca Skelton | 56 | 02:01:50 |

Trail (2 hour event)

| Male | | Points/Time | |
|-----------------|------------------|--------------------|----------|
| 1 st | Simon Holroyd | 99 | 02:00:09 |
| 2 nd | Jamie Oliver | 80 | 01:54:22 |
| 3 rd | George Batchelor | 79 | 02:00:10 |
| Female | | Points/Time | |
| 1 st | Naomi Brewer | 80 | 01:51:08 |
| 2 nd | Natasha Trasi | 80 | 01:54:32 |
| 3 rd | Jules Claridge | 79 | 02:00:09 |

MTBO

| Male | | Points/Time | |
|-----------------|--------------|--------------------|----------|
| 1 st | Mark Henrick | 90 | 02:04:51 |
| Female | | Points/Time | |
| 1 st | Rachel Clay | 95 | 02:02:21 |
| 2 nd | Julie Banton | 90 | 01:56:45 |

Congratulations to all our worthy winners!

The full race results, with splits and transition times, are available on the Tri-Adventure website [here](#).

Photographs can be found and tagged/shared in our [Facebook album here](#).

If you have photos to add from events, please do [email](#) them, tweet them to [@tri_adventure](#), or post them on [Facebook](#).

As usual, thanks to those who shared their thoughts and made suggestions on the day. I am always open to suggestions to improve and expand the Tri-Adventure experience for more and more people. If you have had a thought to add since Sunday, please pop it in an [email](#) now!

NEXT EVENTS

Our next event, the first in our **Winter Series**, is at **Albury** on **Sunday, 4 December**. Online entry is already [open](#).

The dates and locations through to February next year are now confirmed, and can be found on our website [here](#), so please put them in your diaries. There will be trophies and prizes at the end of each series.

Once again, thanks for coming along to Bentley copse on Saturday. I know I say this in every Report but, quite simply, without you, there would be no Tri-Adventure. Please help us to spread the word about these great weekend events so that we can get the numbers up, and I look forward to seeing you again in December.

Finally, please use Social Media to tell others about Tri-Adventure – Facebook, Twitter, Instagram, and Youtube etc. I am really keen to get to 100 Subscribers soon. We want to keep putting on fantastic events, which challenge people whilst making them feel good (as those of you who take part will confirm), and we need to keep increasing our numbers to make this happen.

Yours in Adventure,

Adam