







# TRI-ADVENTURE RACE REPORT

## HOLMBURY ST MARY 23 JULY 2017

This was the last race of the Summer Series of events, before a well-deserved August break for us, but don't let that stop you taking on your own adventures during the next 6 weeks.

We've been to this venue before because it offers up the possibility of setting some exciting courses, and we weren't disappointed. The weather was OK – warm and mostly dry, and we'd put together a pretty challenging course, which turned out to be pretty muddy in parts. Some fabulous views and greenery along the route went some way to compensate for the hills participants had to run or ride up.

Under a cloudy sky, there was a great atmosphere all the way through the event and, as the hooter went off at 10am, just over 50 competitors set off, as usual, in different directions, following their various strategies. Tracey Blandford, our Marketing adviser who is helping us to increase awareness of the events, captured the departure on film and posted the footage on Face Book.



We had a really good turnout in the Trail this time, with many first timers taking on the challenge of navigating to the various checkpoints. The general reaction was that those new to our style of events loved the experience and will definitely be back for more.

We hope to see more youngsters coming with their parents and taking part, as they'll grow into our next generation of Tri-Adventurers. We currently don't charge for youngsters and, if they want their own map and dibber, we just ask for a £5 administration charge. So, do please spread the word round.

We had 52 Tri-Adventurers setting off in the various categories. Simon Holroyd won the **Experience**, with Fiona Taylor coming first in the **Female Experience**.







Andy and Karen Jones won the **Experience Pair** event, proving that age is not a restricting factor to doing well, as long as your navigation skills are up to scratch.







Michael Krajewski tore round the Men's 2 hour **Sprint**, collecting 120 points, with Steve Nash coming in second.



There was some good racing in the **MTBO** section. Stephen Dadswell was impressive in the **Male MTBO** event, collecting 18 of the 20 checkpoints, and managing to beat Julian Hemsted despite a small time penalty. The **Ladies' MTBO** event saw some time management problems which cost a couple of racers some serious penalty points. There was no such problem for Raquel Villasante, who won with 80 points and almost 5 minutes to spare.



Both the Men's and Ladies' 2 hour **Trail** event was keenly contested, with many of the participants taking part in their first Tri-Adventure race. It was a pretty tough course, and quite a number of racers incurred time penalties. One of these was Tom Frost, who won the **Male Trail**, despite collecting 35 penalty points along the way. Fortunately for him, both the second and third guys also picked up time penalties. The **Ladies' Trail** was won by Ashley Mayr, who collected one checkpoint more than Claire McElearney.

## Experience (4 hour event)

Male	Points/Time
1 <sup>st</sup> Simon Holroyd	170 03:59:31
Female	Points/Time
1 <sup>st</sup> Fiona Taylor	160 03:46:56
Pairs	Points/Time
1 <sup>st</sup> Andy Jones/Karen Jones	180 03:43:23

#### Sprint (2 hour event)

Male	Points/Time
1 <sup>st</sup> Michael Krajewski	120 01:56:46
Female	Points/Time
1 <sup>st</sup> Chrissie Glew	60 01:54:38
Pairs	Points/Time
1 <sup>st</sup> Michelle Baeten/Mark Cudmore	70 02:04:44

### MTBO (2 hour event)

Male	Points/Time
1 <sup>st</sup> Stephen Dadswell	172 02:03:54
Female	Points/Time
1 <sup>st</sup> Raquel Villasante	80 01:55:12

#### Trail (2 hour event)

Male	Points/Time
1 <sup>st</sup> Tom Frost	95 02:17:14
Female	Points/Time

Congratulations to all our worthy winners!

The full race results, with splits and transition times, are available on the Tri-Adventure website <a href="here">here</a>.

Photos taken at the event can be found and tagged in our Facebook album.

If you have photos to add from events, please do <u>email</u> them, tweet them to <u>@tri\_adventure</u>, or post them on <u>Facebook</u>.

This event was the last in our Spring/Summer Series, and special awards were made to the following:

Category	Name
Exerience – Male	Ross Remnant
Experience – Female	Pat Daas
Sprint – Male	Michael Krajewski
Sprint – Female	Chrissie Glew
MTBO – Male	Julian Hemsted
Trail – Male	Tom Frost
Trail – Female	Ashley Mayr

As usual, thanks to those who shared their thoughts and made suggestions on the day. I am always open to suggestions to improve and expand the Tri-Adventure experience for more and more people. If you have had a thought to add since Sunday, please pop it in an email now!

#### **NEXT EVENTS**



We're having a break during August, and then it's back to work, with TWO events in September. **10th September**, we're back at Thursley Village Hall with the Experience, Sprint, MTBO and Trail. On line entry is already open here.



Then for those of you who, from time to time, like to take a break from navigation, we are again running **The Hurtleberry** off-road Duathlon on **Sunday 17th September.** Full details are on the <u>The Hurtleberry</u> website here.

Keep an eye on our website <u>here</u> for the latest dates for the events we have coming up. Please put them in your diaries.

I was without my regular volunteers this time, Chris and Leszek, who were attending a wedding in the Lake District. I was fortunate, however, to have some new (and excellent) helpers in Andy Woodhouse and Stu Stevens. Thanks, guys, for helping me out, and thanks also to Tracey Blandford

for helping out with the Registration, and for taking the photographs. My regular team will be back on duty at Thursley.

Once again, thanks for coming along to Holmbury St Mary on Sunday. I know I say this in every Report but, quite simply, without you, there would be no Tri-Adventure. Please help us to spread the word about these great weekend events so that we can get the numbers up, and I look forward to seeing you again in September.

Finally, please use Social Media to tell others about Tri-Adventure – Facebook, Twitter, Instagram, etc. We want to keep putting on fantastic events, which challenge people whilst making them feel good (as those of you who take part will confirm), and we need to get our participation levels up to make this happen.

Yours in Adventure,

Adam

