



TRI-ADVENTURE RACE REPORT HOLMBURY ST MARY 24 JULY 2016

The last race of the Summer Series of events, before a well-deserved break for us, but don't let that stop you taking on your own adventures. This one was at another new venue for us. The weather was great, and we'd put together a pretty challenging course. Some fabulous views and greenery along the route went some way to compensate for the hills participants had to run or ride up.

The venue turned out to be super with the shortest journey from transition to the cars to put any kit away after the event! We are set to be back there in November.

The sun was shining and there was a great atmosphere all the way through the event and, as the hooter went off at 10am, as usual competitors set off in different directions, following their various strategies. Tracey Blandford, our Marketing adviser who is helping us to increase awareness of the events, captured the departure on film and posted the footage on Face Book.







At Tri-Adventure, we really mean it when we say we like to encourage people of all ages and abilities to take part in our events. So, it was great to see two families taking part in their first Trail event, and a father and son take on the 2 hour Sprint. They all loved their family adventure and exploring the countryside.







We hope to see more youngsters coming with their parents and taking part, as they'll grow into our next generation of Tri-Adventurers. We currently don't charge for youngsters and, if they want their own map and dibber, we just ask for a £5 administration charge. So, do please spread the word round.

We had 35 Tri-Adventurers setting off in the various categories. There was some great competition, especially in the Male 4 hour **Experience**, in which Nicolas Torres collected all 15 MTB Checkpoints. He dropped 5 running CPs, but I think we can forgive him for that, given that, just one week earlier, he took part in our 12 hour Night & Day event.







Charlotte Healy was a worthy winner of the **Female Experience** by just 4 points. Charlotte visited 22 Checkpoints and also collected quite a large number of time penalty points, which goes to proves that trading off penalty points against additional check points can be a successful strategy. The **Experience Pair** event was won by Jodie Bance and Anne Beastall.





One of our regular Tri-Adventurers, Stephen Dadswell, collected the most points as well as someone elses dibber in a hotly contested Men's 2 hour **Sprint**. Don't worry we did not credit him with the additional points on the dibber. Raquel Villasante and Andrew Beatie took part in their first event in the **Sprint** pairs. Stu Stevens, this time taking part in the Sprint, came flying down the hill into

transition with only one thing on his mind, and that was to beat Pat Dass' transition time, taking 7 seconds, 10 seconds faster than Pat.

Geoff Wilson, who has been taking part in more Adventure Races over the years than he'd care to remember, planned a very good route which enabled him to win by a single point in the Men's 2 hour **Trail**.

After a rather fraught adventure at Cranleigh, where his map reading skills let him down, John Baker was back again this month, taking part in the Sprint. No such problems this time, and it was good to see you enjoying the fruits of your efforts. Well done, John!

Experience (4 hour event)

Male	Points/Time
1 st Nicolas Torres	247 04:01:12
2 nd Sid Hardy	230 03:58:15
3 rd Richard Murray	220 03:57:15
Female	Points/Time
1 st Charlotte Healey	174 04:22:40
2 nd Jane Robinson	170 03:25:02
3 rd Octavia Abbott	170 03:40:12
Pairs	Points/Time
1 st Jodie Bance/Anne Beastall	110 03:44:36

Sprint (2 hour event)

Male	Points/Time
1 st Stehen Dadswell	149 02:00:19
2 nd Rob Hardwick	130 01:55:36
3 rd Stuart Stevens	110 01:59:03
Pairs	Points/Time
1 st Raquel Villasante/Andrew Beatie	50 01:56:26

Trail (2 hour event)

Male	Points/Time
1 st Geoff Wilson	81 02:04:28
2 nd Michael Leong	80 02:04:44
3 rd lain Jones	57 02:01:03
Female	Points/Time
1 st Deborah Anderson	57 02:01:15
2 nd Emma Shirley	57 02:01:18
3 rd Alexandra O'Brien	52 02.02.53

Congratulations to all our worthy winners!

The full race results, with splits and transition times, are available on the Tri-Adventure website here.

Photos taken at the event can be found and tagged in our Facebook album here.

If you have photos to add from events, please do <u>email</u> them, tweet them to <u>@tri_adventure</u>, or post them on <u>Facebook</u>.

As usual, thanks to those who shared their thoughts and made suggestions on the day. I am always open to suggestions to improve and expand the Tri-Adventure experience for more and more people. If you have had a thought to add since Sunday, please pop it in an <a href="mailto:e

NEXT EVENTS

We're having a break during August, and then it's back to work, with TWO events in September.



For those of you who, from time to time, like to take a break from navigation, we are again running **The Hurtleberry** off-road Duathlon on **Sunday 4 September.** Full details are on the <u>The Hurtleberry</u> website here.

Then, on **18 September**, we're back at Shere with the Experience, Sprint, and Trail. Also, we're launching a new event here – **the 2 hour Mountain Bike only option – the MTBO**. This is to attract MTBers to the events who love their off road trail riding, but who are not keen on running! Come along and make it a success. On line entry is already <u>open here</u>.

The dates and locations through to February next year are now confirmed, and can be found on our website here, so please put them in your diaries. There will be trophies and prizes at the end of each Autumn/Winter series of 6 events (as for the **WINTER SERIES**).

Once again, thanks for coming along to Holmbury St Mary on Sunday. I know I say this in every Report but, quite simply, without you, there would be no Tri-Adventure. Please help us to spread the word about these great weekend events so that we can get the numbers up, and I look forward to seeing you again in September.

Finally, please use Social Media to tell others about Tri-Adventure – Facebook, Twitter, Instagram, etc. We want to keep putting on fantastic events, which challenge people whilst making them feel good (as those of you who take part will confirm), and we need to get our participation levels up to make this happen.

Yours in Adventure,

Adam

