





## TRI-ADVENTURE EVENT REPORT PEASLAKE 26 JULY 2015

Another Tri-Adventure event, our third, and another day full of grey skies and a lot of rain! What have we done to deserve this weather? I'm really looking forward to a dry Event day when we can pack away the kit just the once, without having to get it out again to dry!

The stunning location for this event in the Surrey Hills, in the heart of the Hurtwood, more than made up for the wet conditions. I really didn't appreciate just how beautiful this whole area is until I started doing the receing prior to setting out the course.

The course, once again, proved quite a challenge for most of the Adventurers, being quite hilly and pretty much all within the woods, although Tom Davies cleared all the run and the MTB checkpoints in under 4 hours. Well done, Tom – it shows that the challenge can be met, and it's something for everyone to aspire to. He also seemed to enjoy it, as can be seen in his mud-spattered condition in the photo above! Pat Daas returned with her speedy transition times and took the honours in the Female solo category.

As with the previous event at Princes Risborough, and despite the pre-event publicity, we had quite a low turnout. The good news is that we again had some first timers taking part, and it was great to see Kevin Ellerington back after 3 years, as the last time he had taken part in a Tri-Adventure Event was when Sam and Jonathan owned the company.

We had the usual events on offer – *Trail*, *Sprint*, and *Experience* – attracting 16 Tri-Adventurers to navigate the trails. This time, as previously mentioned in the Princes Risborough Race Report, we provided a 2 hour *Trail* event for the first time, and this was very well received by all who took part in this category. Well done to Laura and Adam for winning their respective sections. Readers of these Race Reports may remember that Laura and Adam attended a Tri-Adventure Academy that I ran for them just prior to the Princes Risborough event, so clearly the learning has stuck!

I was so pleased to hear the many positive comments about the event – the challenge of the course, the friendliness of the Tri-Adventure team, the camaraderie amongst those taking part, and the organisation of the event. Our objective is for people to rock up and have a great time out there, and it seems that the return of Tri-Adventure is providing people with this opportunity. We now just need to increase the numbers taking part, and any help or advice you can give me on how to promote this great activity to raise awareness would be greatly appreciated.

One very disappointing issue that occurred at the Event yesterday was that, over the week-end, someone decided to destroy one of our electronic checkpoints – Number 4. Anyway, as you can imagine, that sort of occurrence is totally outside my control. We were still able to credit the points to those who visited the site, since they recalled the 3 letter word still legible on the checkpoint.

## EXPERIENCE (4 HOUR EVENT)

MALE	POINTS/TIME
1 <sup>st</sup> : Tom Davies	300 03:28:49
2 <sup>nd</sup> : Stuart Stevens	230 03:47:58
FEMALE	POINTS/TIME
1 <sup>st</sup> : Patricia Daas	140 03:30:08

## SPRINT (2 HOUR EVENT)

MALE	POINTS/TIME
1 <sup>st</sup> : Mark Humphrey	180 01:55:28
2 <sup>nd</sup> : Stephen Dadswell	180 01:55:28 180 01:58:48
3 <sup>rd</sup> : Michael Krajewski	150 01:56:03
MIXED PAIR	POINTS/TIME
1 <sup>st</sup> : Charlotte Carrivick / Nige Webber	60 01:35:26

## TRAIL (2 HOUR EVENT)

MALE	POINTS/TIME
1 <sup>st</sup> : Adam Taylor	80 01:52:49
FEMALE	POINTS/TIME
1 <sup>st</sup> : Laura Sleightholme	80 01:52:45

The full race results, with splits and transition times, are available on the Tri-Adventure website here.

Photos taken at the event can be found and tagged in our Facebook album here.

If you have photos to add from events, please do <u>email</u> them, tweet them to <u>@tri\_adventure</u>, or post them on <u>Facebook</u>.

As usual, thanks to those who shared their thoughts and made suggestions on the day. I am always open to suggestions to improve and expand the Tri-Adventure experience for more and more people. If you have had a thought to add since Sunday, please pop it in an email now!

We have decided **not** to run an Event in August because of people being away. Instead, we shall start our **AUTUMN SERIES** on **26 September**, with an event at Cranleigh. The **AUTUMN SERIES** will cover 3 months – September, October, and November – and there will be a trophy at the end of the series for the Male and Female in each category who has amassed the most number of points over the 3 Events. For this series, we shall use a different location each month, but all three will be in the Surrey Hills. Based on experience and feedback, we may continue using different venues for subsequent series, or we may decide to run a series from the same venue. We'll see.

This series will be followed by a **WINTER SERIES** (December – March), and a **SPRING SERIES** (April – June). There will be trophies and prizes at the end of each series (as for the **AUTUMN SERIES**), and I'll also do something for those who have collected the most points over the nine months. I'll run some events in June and July, maybe some longer ones as well, such as a 12 hour event, before taking a break in August.

I'll be finalising the venues for the **AUTUMN SERIES** over the next few days, so keep an eye on the website, Facebook, and Twitter.

The Early Bird booking system, which offers a discount when you book before a certain date, has been well received, and we'll continue to offer this for the **AUTUMN SERIES** at least.

Also, don't forget that Sunday, 13th September, sees the return of <u>The Hurtleberry</u>, an off-road Duathlon and Trail run; ideal if you want to give the navigation a rest and just want to follow arrows! Mention it to your CaniCross (dog running friends) as well, as they can take part in the Trail run.

As I mentioned in last month's Race Report, I ran a Navigation Academy on the day before the Princes Risborough Event, and I intend to do the same again before the Cranleigh Event. The enjoyment and benefits of attending an Academy can be seen in Laura's and Adam's performances; they have written a blog post of their experience for our website. They've gone from not knowing how to read a map, how to use a compass, how to pace, and how to develop a race strategy, to confidently tackling a 2 hour Trail yesterday, and collecting the most number of points. Attending an Academy the day before an event is a perfect way to learn, digest and put into practice the new found skills in a race environment. Details of the course content are on our website. Maybe you have friends and/or colleagues who could benefit from this training, so they, too, can share the enjoyment from Adventure Racing.

Once again, thanks for coming along to Peaslake on Sunday. Quite simply, without you, there would be no Tri-Adventure. Please spread the word about these great weekend events, and I look forward to seeing you again for the start of the **AUTUMN SERIES** at Cranleigh.

Enjoy the Summer break!

Yours in Adventure.

Adam