







# TRI-ADVENTURE EVENT REPORT

### PEASLAKE 13 DECEMBER 2015

Following the highs of Albury, and with Christmas fast approaching, there was a great turnout of 41 enthusiastic participants taking part on what turned out to be a pretty good day for Adventure racing.

It was still dark as the team arrived at 7am to set up the event. The work inside wasn't too bad, as we have light, but getting the transition area sorted in the dark had its challenges. The day for us also ended in the dark, collecting in the remaining Checkpoints. The woods and bridleways are quite empty and eerie, with only the hoot of owls breaking the silence! It is actually quite an amazing experience to be out at that time, and it made me think about the 12 hour event which we will run through darkness in the Summer.

The course, this time, was quite different from Albury, and was quite muddy in places. Comments about the layout were very positive, although some of you chose to avoid the climb to Leith Hill, the second highest point in South East England (965ft). Walbury Hill in Hungerford is, apparently, the highest point, rising to 974ft. Those who did manage to bag this checkpoint were rewarded with a beautiful view. As a result, no-one managed to collect all the Checkpoints in any of the categories, perhaps due to the muddy course.

Once again, we welcomed some first-timers to Tri-Adventure. Without exception, they seemed to enjoy the experience very much, and promised to be back for future events. We were also delighted to welcome our youngest adventurer yet – 6 year old Harvey Humphrey who entered the Sprint event with his Dad, and collected a very creditable 80 points. A great start to your Adventure Racing career, Harvey, and we look forward to you following in your Dad's footsteps in this great sport.

In the **Male Experience**, Rob Smart built on his success at Albury by collecting the most number of points (270) for the second time running. He timed his race perfectly, finishing in 03:59:58! He was again pushed hard by Daniel Murphy, who finished with one CP less than Rob, returning slightly over time. I hope it's not getting too personal between you two!

The **Female Experience** was well won by Caroline Wharton, running and riding for NDMR, who collected 20 CPs, and finishing in just over 4 hours.

Recovering from a works Christmas Party, Helen Murphy won the **Ladies' 2 hour Sprint** with Christine Lancaster visiting 2 CPs fewer than her.

The **Men's Sprint** was a keenly contested affair. Both Rob Hardwick and Jeremy Wormington collected 15 Checkpoints. However, Jeremy's time penalties meant that he was overtaken for the second spot by by Michael Krajewski with 14 CPs.

The **Sprint Pairs** was convincingly won by Edward and Nicholas Moore.

Agata Grzeszczuk was taking part in her first ever **Ladies' 2 hour Trail**, and she managed to collect 10 CPs, and win the Event, despite dropping some points for coming in late.

lan Helm took the honours in the **Men's Trail**, blasting round the course to collect all but one of the checkpoints. Simon Holroyd, who has been developing his Navigation skills over the last couple of months, came in second with one checkpoint less than Ian. Our commiserations go to Nigel Davison, our winner at Albury, who started late as a result of an airport pickup on the way to Peaslake, and who collected the same number of CPs as Simon, but whose time penalties badly affected his net score. Similarly with Stephen Howard, whose gross 130 points were reduced to just 37 as a result of finishing well over the 2 hour limit.

## EXPERIENCE (4 HOUR EVENT)

MALE	POINTS/TIME
1 <sup>st</sup> Rob Smart	270 03:59:58
2 <sup>nd</sup> Daniel Murphy	242 04:08:37
3 <sup>rd</sup> Andy Jones	240 03:51:29
FEMALE	POINTS/TIME
1 <sup>st</sup> Caroline Wharton	191 04:04:12
2 <sup>nd</sup> Pat Daas	80 03:34:46

#### SPRINT (2 HOUR EVENT)

MALE	POINTS/TIME
1 <sup>st</sup> Rob Hardwick	150 01:55:56
2 <sup>nd</sup> Michael Krajewski	138 02:00:59
3 <sup>rd</sup> Jeremy Wormington	124 02:12:41
FEMALE	POINTS/TIME
1 <sup>st</sup> Helen Murphy	80 01:58:53
2 <sup>nd</sup> Christine Lancaster	60 01:57:01
P∧IRS	POINTS/TIME
1 <sup>st</sup> Edward Moore/Nicholas Moore	107 02:01:14
2 <sup>nd</sup> Ray Evans/Julie Rose	70 01:55.14
3 <sup>rd</sup> Michelle Stevenson/Richard Bailey	60 01:57:03

#### TRAIL (2 HOUR EVENT)

MALE	POINTS/TIME
1 <sup>st</sup> Ian Helm	129 02:05:30
2 <sup>nd</sup> Simon Holroyd	114 02:07:47
3 <sup>rd</sup> Barry Jones	110 01:58:27
FEMALE	POINTS/TIME
1 <sup>st</sup> Agata Grzeszczuk	82 02:08:40
2 <sup>nd</sup> Jane Harries	37 02.11:07

All the cakes went this time, and the Butternut Squash soup provides welcome heating and sustenance after the low temperatures experienced during the events. It looks like these are very popular additions to the Event package, so we'll continue providing these home made treats, at least during the winter months.

The full race results, with splits and transition times, are available on the Tri-Adventure website <a href="here">here</a>.

Photos taken at the event can be found and tagged in our Facebook album here.

If you have photos to add from events, please do <u>email</u> them, tweet them to <u>@tri\_adventure</u>, or post them on Facebook.

As usual, thanks to those who shared their thoughts and made suggestions on the day. I am always open to suggestions to improve and expand the Tri-Adventure experience for more and more people. If you have had a thought to add since Sunday, please pop it in an email now!

Our next Event is on 10 January at Effingham, the location where Tri-Adventure was re-launched in May this year! It'll be a great opportunity to shift some of those extra pounds some of us may have put on over the Christmas break. Booking is already open, so do take advantage of the Early Bird discounts. We look forward to seeing you there.

Don't forget, in addition to collecting a Tri-Point stamp for every event you take part in, you can also collect a Tri-Point stamp for every person you introduce to one of our events. 6 stamps qualify you for a free entry into a **Trail** or **Sprint** event, or 50% off entry into an **Experience** event. Just click <u>HERE</u> for more information.

As part of our drive to recruit new AR participants, we will be exhibiting at the London Triathlon Show at London Excel (11-14 February 2016), and at the National Triathlon Show at the Lee Valley Velodrome (9-10 April). These are great shows anyway, but we'd be delighted to see you there. We're going to have some exciting prizes to give away!

The dates for the next 12 months or so are now confirmed, and can be found on our website <a href="here">here</a>, so please put them in your diaries. There will be trophies and prizes at the end of each series (as for the **AUTUMN SERIES**), and I'll also do something for those who have collected the most points over the nine months.

I can also confirm that we'll run a **12 hour Night & Day Event**, at a location in the Surrey Hills, on **16/17 July**. This is a Pairs only event, and more information can be found Night and Day 12 Hour. Join the Facebook N&D Event page to chat and find other people to pair up with.

For those of you who, from time to time, like to take a break from planning your own course, I can confirm that we'll again be running the **Whiteley Village Races** and **The Hurtleberry** next year. The dates are **Sunday**, **5**<sup>th</sup> **June** and a date to be confirmed again at the beginning of October.

Once again, thanks for coming along to Peaslake on Sunday. I know I say this in every Report but, quite simply, without you, there would be no Tri-Adventure. Please spread the word about these great weekend events, and I look forward to seeing you again at Effingham.

It just remains for me to wish you all a very Happy Adventure Packed Christmas, and may 2016 see you pushing yourselves to the limit in our Tri-Adventure Wonderland! Let it snow, let it snow, let it snow.

Vourc	in	Adventure	
YOURS	ın	Adventure.	

Adam