



TRI-ADVENTURE EVENT REPORT PRINCES RISBOROUGH 28 JUNE 2015

Our second Adventure Event this year took us over to the Chilterns. With some stunning scenery through farmland and over the rolling chalk hills, the challenge for this event was enhanced by damp conditions and traipsing along footpaths through overgrown mustard crop fields.

Despite the pre-event publicity, we had a lower turnout than last time in this beautiful part of the country. The good news is that we had some first timers taking part, and they really have been bitten by the AR bug!

In particular, we had Adam and Laura, who made a whole weekend of it, by attending a Navigation Academy on Saturday, run by myself, and then taking part in the Trail event on the Sunday... winning the Male and Female categories on their debut! We look forward to reading about their weekend of adventure in a blog post they are putting together for our website.

We had the usual events on offer – **Trail**, **Sprint**, and **Experience** – attracting nearly 20 Tri-Adventurers to navigate the trails. No-one was able to clear any of the full courses this time, but this wasn't for want of trying, as both Magnus and Stephen cleared the Experience Run before transitioning to their bikes in 2h35 and 2h41 respectively. It was close to the very end in both Female and Male categories, with the leaders tied on points after 4 hours of racing, and 1st and 2nd being separated by only 2 minutes in both categories.

A special mention to Patricia Daas, who maintains her Queen and Champion of Transition crown, taking only 19 seconds to grab her bike and continue racing.

The damp weather played its role again in providing additional adventure for the participants and crew. This didn't seem to affect the enthusiasm and commitment of any Tri-Adventurers taking part.

The home baking by Chris and Liz has proved a real hit, not only with you guys, but with casual visitors as well, one of whom had THREE pieces of the lemon drizzle cake! I am sure these cakes are a welcome treat at the end of the racing.

I was so pleased to hear the many positive comments about the event – the challenge of the course, the friendliness of the Tri-Adventure team, the camaraderie amongst those taking part, and the organisation of the event. Our objective is for people to rock up and have a great time out there, and it seems that the return of Tri-Adventure is providing people with this opportunity.

EXPERIENCE (4 HOUR EVENT)

MALE	POINTS/TIME
1 st : Magnus Mill	270 03:54:00
2 nd : Kim Travis	270 03:56:14
3 rd : Stephen Dadswell	260 03:31:56
FEMALE	POINTS/TIME
1 st : Courtney Prestage	230 03:29:51
2 nd : Julie Jefferies	230 03:31:56
3 rd : Patricia Daas	60 02:47:57

SPRINT (2 HOUR EVENT)

MALE	POINTS/TIME
1 st : Michael Krajewski	152 02:03:33
2 nd : David Jones	114 02:02:56
3 rd : Giles Scobie	100 01:59:35

TRAIL (1 HOUR EVENT)

MALE	POINTS/TIME
1 st : Adam Taylor	41 01:04:12
2 nd : Geoff Wilson	-19 01:39:10
FEMALE	POINTS/TIME
1 st : Laura Sleightholme	41 01:04:14
=2 nd : Cheryl Boshi	4 01:27:53
=2 nd : Jenny Lister	4 01:27:53

The full race results, with splits and transition times, are available on the Tri-Adventure website [here](#).

Photos taken at the event can be found and tagged in our Facebook album [here](#).

If you have photos to add from events, please do [email](#) them, tweet them to [@tri_adventure](#), or post them on [Facebook](#).

As usual, thanks to those who shared their thoughts and made suggestions on the day. I am always open to suggestions to improve and expand the Tri-Adventure experience for more and more people. If you have had a thought to add since Sunday, please pop it in an [email](#) now! I will now be offering a 2 hour Trail Event with 15 checkpoints to maximise the time to practice the navigation for those who are new to the sport, as well as to offer more for those who want to push themselves further.

I am pleased to confirm that our next Tri-Adventure Event is at [Peaslake](#) on 26th July, and I look forward to seeing many of you there. Make use of the Early Bird entry discount by entering before July 13th. Before then, we are partnering with a Charity to run a Cycling Event – London to Brighton – on Sunday 12th July. Details are on the [website](#), so why not give it a go?

We're now beginning to firm up our events over the next few months. We've got **Peaslake** on **26th July**, which is open for entries with an Early Bird discount – more [details and enter here](#). We're also in the final stages of agreeing details to hold an event on **23 August**, location to be confirmed in the Surrey Hills (hopefully Tilford). So, get those dates in your diaries now.

Also, don't forget that Sunday, 13th September, sees the return of [The Hurtleberry](#), an off-road Duathlon and Trail run. Ideal if you want to give the navigation a rest and just want to follow arrows! Mention it to your CaniCross (dog running friends) as well, as they can take part in the Trail run.

I ran a Navigation Academy on the day before Princes Risborough, and intend to do the same again on Saturday 25th July before the Peaslake Event on the Sunday. Attending an Academy the day before an event is a perfect way to learn, digest and put into practice the new found skills in a race environment the following day. Details of the course content are on our [website](#). Maybe you have friends and/or colleagues who could benefit from this training, so they, too, can share the enjoyment from Adventure Racing.

Once again, thanks for coming along to Princes Risborough on Sunday. Quite simply, without you, there would be no Tri-Adventure. Thanks to the crew for making this event run exceptionally well! Please spread the word about these great weekend events and see you again next month.

Yours in Adventure,

Adam