



TRI-ADVENTURE EVENT REPORT ALBURY - 22 NOVEMBER 2015

Albury was our final Event in our Autumn Series. After all the winds and bad weather in recent days, we were a bit apprehensive about what conditions we would get on Sunday. We needn't have worried! It was one of those beautiful English Autumn days, following a night of sub zero temperatures. We later learnt that 2 of our Tri-Adventurers had braved the cold and bivied out on top of Martha's Hill; fantastic! With it still being pretty cold at 7am, the crew did well to get everything ready. Sunny weather ensured the course was at its best, even though it was muddy in places, and there were some exciting tussles in the various events. News of Tri-Adventure's "rebirth" continues to spread. We had our best turnout to date, with 70 participants taking part, many of whom were trying Adventure Racing for the first time.

The course, this time, was quite hilly, and proved somewhat of a challenge for some of the Adventurers, with quite a few of our Autumn Series competitors saying it was the toughest one of the three. As a result, no-one managed to collect all the Checkpoints in any of the categories.

In the **Male Experience**, we had 11 starters, and Rob Smart came close to bagging all the CPs, visiting 28 of the 30. Even a small time penalty for arriving back 59 seconds late did not stop him from winning. He was pushed hard by both Daniel Murphy and James Lea-Cox. One can only wonder what Magnus Mill (the Tilford winner) might have achieved, had he not had to pull out a day before as a result of an injury sustained playing football.

The three ladies in the **Female Experience** had a real tussle. In the end, Felicity Turnbull and Helen Murphy both finished on 140 points, with Felicity gaining first spot as a result of finishing just over a minute sooner. Pat Daas was close behind with a speedy 16s Transition and 120 points.

We had 4 **Pairs Experience** – two female, one male, and one mixed. It was the mixed pairing of Rob and Katie Burrige who came in first on 190 points, just pipping the male pairing of Sean Kelly and Stuart Stevens on time. Better luck next time, boys! It just goes to show that Adventure Racing is much more than just strength and fitness, and that strategy and tactics are just as important.

The **Ladies' 2 hour Sprint** saw Karen Richardson and Christine Lancaster finishing with the same number of points, having paced round together, with Karen clinching the top spot by all of 3 seconds! These two have run as a pair in previous events, so we will see if they will pair up again or will Karen again get to the finishing box first at our next event in Peaslake?

The **Men's Sprint** was a keenly contested affair. Stephen Dadswell collected 15 of the 20 CPs and won the event. He was followed in by Michael Krajewski with 14 CPs, and Jeremy Wormington, with 13.

There was a great turnout in the **Sprint Pairs**, with a mixture of all male, all female, and mixed pairs taking part. As in the Experience Pairs, it was the mixed pairing of Michelle Stevenson and Richard Bailey which came out on top. They showed how important it is to balance the number of CPs

collected with finishing as close to the time limit as possible, because four pairs collected more CPs, but lost points for finishing late. Commiserations, in particular, must go to Andrew and Lindsay Haslehurst, who visited the most Checkpoints, but whose finishing time of 2h18m 33s cost them 38 points, and relegated them to fourth place.

The **Ladies' 2 hour Trail** was won by Jennifer Pearson who went round the same course as her friend Katie Murray, whom she pipped to the finish box by 1 second! They both visited the 11 CPs in the same sequence, so maybe first equal would have seemed fairer!

Nigel Davison took the honours in the **Men's Trail** with 12 CPs, and he was closely followed home by Ian Helm, who finished within the two hours, but with one CP less. It would have been interesting to see what our impressive Tilford winner, Chris Ness, would have achieved on this course, but he decided to take part in the Experience Event this time, coming in a creditable 5th after suffering a puncture on the way round.

EXPERIENCE (4 HOUR EVENT)

MALE		POINTS/TIME	
1 st	Rob Smart	278	04:00:59
2 nd	Daniel Murphy	250	03:47:38
3 rd	James Lea-Cox	247	04:01:29
FEMALE		POINTS/TIME	
1 st	Felicity Turnbull	140	03:50:13
2 nd	Helen Murphy	140	03:51:18
3 rd	Pat Daas	120	03:38:05
PAIRS		POINTS/TIME	
1 st	Rob Burridge/Katie Burridge	190	03:46:32
2 nd	Stuart Stevens/Sean Kelly	190	03:52:48
3 rd	Caroline Wharton/Carol Plater	150	03:38:01

SPRINT (2 HOUR EVENT)

MALE		POINTS/TIME	
1 st	Stephen Dadswell	146	02:01:38
2 nd	Michael Krajewski	134	02:02:51
3 rd	Jeremy Wormington	130	01:58:12
FEMALE		POINTS/TIME	
1 st	Karen Richardson	90	01:58:12
2 nd	Christine Lancaster	90	01:58:15
PAIRS		POINTS/TIME	
1 st	Richard Bailey/Michelle Stevenson	90	01:58:17
2 nd	Edward Moore/Nicholas Moore	78	02:11.00
3 rd	Claire Marks/Annabel Hargreaves	76	02:11:40

TRAIL (2 HOUR EVENT)

MALE		POINTS/TIME	
1 st	Nigel Davison	118	02:00:41
2 nd	Ian Helm	110	01:57:40
3 rd	Barry Jones	100	01:39:36
FEMALE		POINTS/TIME	
1 st	Jennifer Pearson	110	01:51:45
2 nd	Katie Murray	110	01:51:46
3 rd	Annie Barre	80	01:53:57

All the cakes went this time, and the Butternut Squash soup provided welcome heating and sustenance after the low temperatures experienced during the events. It looks like these are very popular additions to the Event package, so we'll continue providing these home made treats. Thanks

Chris! Also, many people's highlight at the end was the power hose to clean the mud off their bikes before putting them back in their cars. We will try to offer this at other events.

The full race results, with splits and transition times, are available on the Tri-Adventure website [here](#).

Photos taken at the event can be found and tagged in our Facebook album [here](#).

If you have photos to add from events, please do [email](#) them, tweet them to [@tri_adventure](#), or post them on [Facebook](#).

As usual, thanks to those who shared their thoughts and made suggestions on the day. I am always open to suggestions to improve and expand the Tri-Adventure experience for more and more people. If you have had a thought to add since Sunday, please pop it in an [email](#) now! A special thanks, also, to Ed, who braved the cold throughout the whole event to look after the Transition area.

Autumn Series Winners

Albury was the third and final Event in the Autumn Series, and, having competed in a minimum of 2 events in the series, the Winners were presented with their Trophies and Tri-Adventure T-Shirts.

Congratulations to the following:

Experience – Male:	Kim Travis
Sprint – Male:	Andy Rickards
Sprint – Female:	Chrissie Glew
Sprint – Pairs:	Andrew Haslehurst/Lyndsay Haslehurst
Trail – Male:	Barry Jones
Trail – Female:	Jennifer Pearson

Your feedback and your willingness to spread the word about Tri-Adventure to friends and colleagues is key to us increasing our numbers. As a result of your comments, we have decided to have a go at running Tri-Adventure Events on a **Saturday**. This will apply for the whole of the **Spring Series** next year, and we'll then evaluate the results. **Is this something that appeals to all of you? Please let me know** here [email](#).

Don't forget, in addition to collecting a Tri-Point stamp for every event you take part in, you can also collect a Tri-Point stamp for every person you introduce to one of our events. 6 stamps qualify you for a free entry into a **Trail** or **Sprint** event, or 50% off entry into an **Experience** event. Just click [here](#) for more information.

As part of our drive to recruit new AR participants, don't forget that we will be exhibiting at the London Triathlon Show at London Excel (11-14 February 2016), and at the National Triathlon Show at the Lee Valley Velodrome (9-10 April 2016). These are great shows anyway, but we'd be delighted to see you there. We're going to have some exciting prizes to give away!

Registration for the **WINTER SERIES** (Dec – Feb) is already open, with the first event taking place at **Peaslake** on **13 December**, so do take advantage of the Early Bird discount scheme, or enter all 3 before 30th December, to make an even greater saving.

The dates for the next 12 months or so are now on [our website](#), so please put them in your diaries. There will be trophies and prizes at the end of each series (as for the **AUTUMN SERIES**), and I'll also look to do something for those who have collected the most points over the nine months.

I can also confirm that we're bringing back the **12 hour Night & Day Event**, at a location in the Surrey Hills, over the night of **16/17 July**. This is a Pairs only event, starting at 10pm on Saturday and ending at 10am on Sunday. More information will be available soon [here](#).

For those of you who like to take a break from planning your routes, I can confirm that we'll again be running the **Whiteley Village Races** and **The Hurtleberry** next year. The dates are **Sunday, 5th June** and **Sunday 2nd October** respectively.

Once again, thanks for coming along to Albury on Sunday. I know I say this in every Report but, quite simply, without you, there would be no Tri-Adventure. Please spread the word about these great weekend events, and I look forward to seeing you again at Peaslake on 13th December.

Yours in Adventure,

Adam