



TRI-ADVENTURE RACE REPORT

EFFINGHAM 17 APRIL 2016

We held the second event of the Spring Series in Effingham, and what a glorious day it turned out to be! Even Leszek, in transition, managed to get his head sunburnt! I couldn't have asked for a better April day, and the dawn colours were something special to behold as we drove along the Surrey lanes at 6.30 in the morning.

We had over 60 Adventurers making it to the start line. They were a good mixture of regulars and first timers (some of whom had come along as a result of chatting with us at the two Triathlon Shows we had exhibited at recently), and competitors were rewarded with some challenging muddy conditions, with a number of steep(ish) climbs to contend with.



RIP Box 12

Highlight of the day has to be the **Male Experience** event, in which Rob Hardwick managed to collect 28 of the 30 CPs, even after being delayed whilst looking for CP 12, which had been removed prior to the event by some sad individual.



The **Female Experience** was again won by Laura Ashfield, whose points lead make her a firm favourite for the Spring Series Trophy.



Naomi Brewer was a worthy winner in the **Ladies' 2 hour Sprint**. She clearly enjoys herself at our events, as evidenced by the number of people she has encouraged to come and try the format. Thanks for that, Naomi, and keep up the good work.

The **Men's Sprint**, which is usually a very popular and keenly contested affair, only had 3 men taking part, James Brown still making an awesome effort of collecting 14 CPs, even though he did take over two hours to complete his race strategy.

Six couples took part in the **Sprint Pairs**, with Andy and Karen Jones collecting the most number of points, despite coming a bit of a cropper on their timing.



Ashley Mayr was taking part in her first Tri-Adventure event which makes her win with 10 CPs in the **Ladies' 2 hour Trail** particularly creditable.

The same is also true about the winner of a very keenly contested **Men's Trail**. There were 18 starters in this category, and Sam Reed, debuting at a Tri-Adventure event, walked off (or should I say "ran off") with the most number of points.

We also had 3 lads from Singapore take on the Trail, and used the event as part of their build up for a race they are taking part in next month in the Sahara Desert! They certainly got the sun and the terrain, even if the heat wasn't quite of the same intensity!

EXPERIENCE (4 HOUR EVENT)

Male		Points/Time	
1 st	Rob Hardwick	280	03:51:58
2 nd	Richard Wilkes	260	03:45:23
3 rd	Nicolas Torres	230	03:55:35
Female		Points/Time	
1 st	Laura Ashfield	200	03:58:47
2 nd	Katherine Bond	193	04:03:04
3 rd	Octavia Abbott	170	03:32:32
Pairs		Points/Time	
1 st	Jared Coil/Richard Gentry	200	04:09:58
2 nd	Julia McIntyre/Monique Stephens	153	04:13:21
3 rd	Matt Pegg/Pippa Waite	70	03:43:16

SPRINT (2 HOUR EVENT)

Male	Points/Time
1 st James Brown	124 02:07:43
2 nd Tom/Petra Brewer	98 02:00:49
3 rd Richard Arthur	75 02:12:16
Female	Points/Time
1 st Naomi Brewer	108 02:00:42
2 nd Carys Holloways	75 02:12:08
3 rd Femke & Zoe Perry	66 02:06:57
Pairs	Points/Time
1st Andy Jones/Karen Jones	96 02:11:32
2nd Stuart Stevens	90 01:54:35
3rd John Baker/Helen Baker	90 01:58:47

TRAIL (2 HOUR EVENT)

Male	Points/Time
1 st Sam Reed	103 02:03:12
2 nd Robert Broad	100 01:47:20
3 rd Mark Glaister	100 01:51:50
Female	Points/Time
1 st Ashley Mayr	100 01:47:08
2 nd Laura Sleightholme	90 01:57:50
3 rd Alison Ainsworth	80 01:50:19

Plenty of cakes available as ever for our finishers, and the Butternut Squash soup provides welcome heating and sustenance after the exertions during the events. We kept the soup on this time, because the weather forecast warned us it would be cold (which it was first thing), but I really hope that May will be warmer. In any case, the cakes will continue!

The full race results, with splits and transition times, are available on the Tri-Adventure website [here](#).

Photos taken at the event can be found and tagged in our Facebook album [here](#). Thanks to Coach G, for taking his film equipment round the course; his work will be posted on YouTube, and I'll include the link on our website.

If you have photos to add from events, please do [email](#) them, tweet them to [@tri_adventure](#), or post them on [Facebook](#).

As usual, thanks to those who shared their thoughts and made suggestions on the day. I am always open to suggestions to improve and expand the Tri-Adventure experience for more and more people. If you have had a thought to add since Sunday, please pop it in an [email](#) now!

NIGHT & DAY

Don't forget that we've decided to open up the **12 hour Night & Day Event**, on **16/17 July**, to **SOLO** entries, as well as pairs. So, this will no longer be a Pairs only event, and more information can be found by clicking [Night and Day 12 Hour](#). Join the [Facebook N&D Event page](#) to chat and find other people to pair up with, if you still want to take part as a Pair, but have not yet found a partner. Design of the course is well on the way, and online entry is already [open](#). Because of the nature of the event, we're going to need at least 40 people taking part to make it viable. So, do sign up and push the limits! "Dare to dream, dare to fly"

NEXT EVENT

Our next Event is at Mickleham on Saturday 21 May 2016. Entries are open, so do take advantage of the Early Bird discounts finishing on the 8/5/16. We look forward to seeing you there.

Don't forget, in addition to collecting a Tri-Point stamp for every event you take part in, you can also collect a Tri-Point stamp for every person you introduce to one of our events. 6 stamps qualify you for a free entry into a **Trail** or **Sprint** event, or 50% off entry into an **Experience** event. Just click [HERE](#) for more information.

The dates for the next 12 months are now confirmed, and can be found on our website [here](#), so please put them in your diaries. There will be trophies and prizes at the end of each series (as for the **WINTER SERIES**), and I'll also do something for those who have collected the most points over the nine months.

For those of you who, from time to time, like to take a break from navigation, I can confirm that we'll again be running the **Whiteley Village Races**, 5k and 10k Runs on **Sunday 5 June**, and **The Hurtleberry** off-road Duathlon on **Sunday 4 September**.

Once again, thanks for coming along to Effingham on Sunday, and thanks to the Tri-Adventure team of Registration Liz, Cake Girl Chris but not there on the day, and Transition Boss Leszek. I know I say this in every Report but, quite simply, without you, there would be no Tri-Adventure. Please spread the word about these great weekend events, and I look forward to seeing you again at **Mickleham**.

Yours in Adventure,

Adam