



## Tri-Adventure Race Report

### Tilford 9 October 2016

A beautiful dawn welcomed us, as we returned to Tilford for a second time, exactly 12 months on. We had a beautiful day for our event – warm and sunny, yet pretty challenging in some areas, dare I mention the sand! We really enjoy putting on events in the Surrey Hills and, even though we may return to certain venues, we guarantee that the course and Check Point location will be different every time.

This was the second event in the Autumn Series, and we were very pleased to welcome one of our partners – Georgie and Toby Lambert – owners of **Alton Sports**, who came along to take part in the Trail event with their dog Ben. Alton Sports kindly donated some prize bags to the winners of the various events.

The course provided a variety of conditions, with some muddy bits, some sandy bits (the bane of a MTB rider's life), and some really dry and fast bits – just the sort of challenge Tri-Adventurers enjoy. The results would suggest that the layout, and location of the CPs was just about right, as two of our elite athletes had a real tussle in the **Male Experience**. Ross Remnant dropped just one CP in both the running and bike legs, coming in with 280 points, and pipping Rob Smart who managed 26 CPs.



We also had an excellent performance in our new MTBO category, with James Brown collecting an impressive 15 of the 21 CPs, especially as the MTBO riders had to contend with some long strength sapping sandy stretches.

There was a great atmosphere all the way through the event and, as the start horn went off at 10am, as with our events, competitors all set off in different directions, following their various strategies. Tracey Blandford, our Marketing Adviser, was on hand, filming and talking to participants about their experiences, and posted [a live stream of the Start](#) on FB and Twitter just moments after the start of the race. We are also recording snap chats of our competitors after they have finished. See these on our [Youtube channel here](#). It would be great if you could subscribe to keep upto date with the latest films we release.



Unusually, we only had one youngster taking part this time, Will Locke, who came along with his Dad to tackle the Sprint event. In the end, they so enjoyed the beautiful countryside and views, that they went well over their time limit and were hit with massive penalty points. Still, they didn't mind as they told us they'd had a fabulous time and would be back for more! We want to see more youngsters coming with their parents and taking part, as they'll grow into our next generation of Tri-Adventurers. We don't charge for youngsters and, if they want their own map and dibber, we just make a £5 administration charge.

I'm really encouraged to see so many first timers trying out our events each month. Yesterday was no exception, and probably as many as a third of the people on the Start Line were taking part for the first time. We hope all you "newbies" enjoyed your experience, and that you'll spread the word to your friends and family. You've got your first Tri Point, and you're on your way to getting a discount or free place at one of our events.

Please also remember that, every time you recommend someone who comes along and takes part, you also receive a Tri Point.



A special mention to Nicolas Torres, one of our regulars. He came along with his partner and 7 week old baby boy, Joachim. They strolled round the Trail course, collecting a few Check Points, and Joachim even managed to dib in at the end! A bit of a difference to the 12 hour Night & Day event that you took part in, Nicolas, just a few months ago!!



All the events were keenly contested, and there were some outstanding performances. I've already mentioned the tussle between Ross Remnant and Rob Smart in the **Men's Experience**, with them collecting 28 and 26 CPs respectively. Ross also reversed the result from last month, swapping first and second places with Rob. Their rivalry epitomises everything Tri-Adventure stands for; both selected very different routes, yet they were in transition at the same time and they finished with very high scores within 4 seconds of each other!

The **Female Experience** was won by Laura Ashfield, who collected a very creditable 189 points.

We had three entries in the **Experience Pairs**, and there was a very close tussle between an all girl team and an all men team. This time, the girls came out on top, with sisters Clare and Katy Howes collecting 205 points, compared to the 200 points bagged by Stuart Stevens and Tom Newton.



Chrissie Gew and Anthony Duthoit won the **Female** and **Male** 2 hour Sprint respectively, and the Pairs event was, once again, won by Michelle Baeten and Iva Kalášková. This is the FIFTH time they have won this event, and they really pulled out all the stops, with their best points score to date: 110 points. Well done, girls!



Mark Glaister managed to improve on his second position at Shere by winning the **Men's 2 hour Trail**. He just held off Simon Holroyd by 4 points; even though Simon collected 2 CPs more, his penalty points dropped him to second overall. That's why planning your route and strategy beforehand is so important in Adventure Racing.

In the **Ladies' 2 hour Trail**, Caroline Wharton was back racing with Tri-Adventure, and she just managed to hold off a determined effort from Annette McInnes (Overton Harriers) and Ashley Mayr, both of whom finished with 5 points fewer.



Following the successful launch of our new **MTBO** category at Shere in September, we again had a good scrap in both the Male and Female sections. They had a pretty tough course to contend with, and Octavia Abbott won a hotly contested **Female MTBO**, solely by finishing within the 2 hour time limit – 2 points ahead of Alice Asbury and 3 points ahead of Claire Liggins. The **Male MTBO** was won by an impressive James Brown with 149 points, followed by Chris Ness (Walton AC) and Seb Abbott in third.

This event is clearly a popular addition to our suite, and we'll be continuing with it every month.

### Experience (4 hour event)

Male		Points/Time	
1 <sup>st</sup>	Ross Remnant	280	03:57:34
2 <sup>nd</sup>	Rob Smart	260	03:57:38
3 <sup>rd</sup>	Matt Zalewski	220	03:52:32
Female		Points/Time	
1 <sup>st</sup>	Laura Ashfield	189	04:00:17
Pairs		Points/Time	
1 <sup>st</sup>	Clare Howes/Katy Howes	205	04:02:06
2 <sup>nd</sup>	Stuart Stevens/Tom Newton	200	03:56:07
3 <sup>rd</sup>	Gareth Evans/Natasha Pheiffer	150	03:58:28

### Sprint (2 hour event)

Male	Points/Time
1 <sup>st</sup> Anthony Duthoit	54 02:12:58
Female	Points/Time
1 <sup>st</sup> Chrissie Glew	51 02:04:08
Pairs	Points/Time
1st Michelle Baeten/ Iva Kalášková	110 01:50:37
2nd James Fowler/Annette Newey	72 02:03:50
3rd Chris Locke/Will Locke	07 02:31:20

### Trail (2 hour event)

Male	Points/Time
1 <sup>st</sup> Mark Glaister	100 01:59:23
2 <sup>nd</sup> Simon Holroyd	96 02:11:51
3 <sup>rd</sup> Robert Broad	80 01:54:54
Female	Points/Time
1 <sup>st</sup> Caroline Wharton	86 02:06:41
2 <sup>nd</sup> Annette McInnes	80 01:50:39
3 <sup>rd</sup> Ashley Mayr	80 01:55:00

### MTBO

Male	Points/Time
1 <sup>st</sup> James Brown	149 02:00:18
2 <sup>nd</sup> Chris Ness	110 02:04:58
3 <sup>rd</sup> Seb Abbott	90 01:53:25
Female	Points/Time
1 <sup>st</sup> Octavia Abbott	90 01:53:19
2 <sup>nd</sup> Alice Asbury	88 02:05:58
3 <sup>rd</sup> Claire Liggins	87 02:06:02

Congratulations to all our worthy winners!

The full race results, with splits, and transition times, and series standings are available on the Tri-Adventure website [here](#).

Photographs can be found and tagged/shared in our Facebook album [here](#).

If you have photos to add from events, please do [email](#) them, tweet them to [@tri\\_adventure](#), or post them on [Facebook](#).

As usual, thanks to those who shared their thoughts and made suggestions on the day. I am always open to suggestions to improve and expand the Tri-Adventure experience for more and more people. If you have had a thought to add since Sunday, please pop it in an [email](#) now!

## **NEXT EVENTS**

Our next event is at **Bentley Copse Scout Camp** on **Saturday, 12 November**. Online entry is already [open](#). **PLEASE NOTE THE CHANGE OF DATE AND LOCATION FOR THIS NOVEMBER EVENT.**

[More information about Bentley Copse event](#)

The dates and locations through to February next year are now confirmed, and can be found on our website [here](#), so please put them in your diaries. There will be trophies and prizes at the end of the series.

Once again, thanks for coming along to Tilford on Sunday. I know I say this in every Report but, quite simply, without you, there would be no Tri-Adventure. Please help us to spread the word about these great weekend events so that we can get the numbers up, and I look forward to seeing you again in November.

Finally, please use Social Media to tell others about Tri-Adventure – Facebook, Twitter, Instagram, etc. We want to keep putting on fantastic events, which challenge people whilst making them feel good (as those of you who take part will confirm), and we need to keep increasing our numbers to make this happen.

Yours in Adventure,

Adam



#TriAdventure

#Tri4All