



## WHITELEY RACES REPORT

5 JUNE 2016

The annual Whiteley Village Races took place in glorious sunshine on Sunday 5th June. Whiteley Village is such a beautiful setting, and when the sun is out, and the rhododendrons and other flowers are in bloom, there are few more attractive places in the Surrey Hills. You can understand why so many look forward to retiring there.

This year, we introduced a couple of extra events to supplement the Obstacles and the 5k and 10k runs. It was great to see so many youngsters enthusiastically taking part in the Scoot/bike/run and 1k Fun Run.

The turnout was great, with over 250 participants lining up for the various events, a significant increase on the previous year. Melissa from [Thrive, Joy of Fitness](#) was on hand to take everyone through their warm up routines before the start, and she was there again, after the race, skilfully helping to soothe and bring back to life those tired limbs.

The youngsters set off the day with the Scoot/Bike/Run quickly followed by the Fun Run. Nearly 90 lined up for these events. There was plenty of energy again at the warm-up before some speedy performances. Well done to all those who took part; you are all winners on what was quite a hot day.

Onto the one lap 5k and two lap 10k events. The course proved quite challenging from the undulations en route, without being too difficult for the average runners. We'd put a lot of effort into marking out the route, and Liz on Registration even gave it a test run before getting to work!

Once the "serious stuff" had started, there was lots of fun for people following on the 5k Obstacle Course. We saw some getting into the spirit with colourful wigs and others dressed up as cape crusaders! The obstacles thought out and set up by the villagers, which included a sticky spiders web, a wall, and a cargo net were tackled with gusto. There was also the Whiteley 5k Walk for those who wanted to take the course at a more leisurely pace.

I really appreciated all the positive feedback we received on the day, and the notable improvements made from previous years.

Well done to our prize winners below;

### 5KM RACE

| <b>Male</b>     |                | <b>Time</b> |
|-----------------|----------------|-------------|
| 1 <sup>st</sup> | Zac Long       | 20:14       |
| 2 <sup>nd</sup> | Nicholas White | 22:20       |
| 3 <sup>rd</sup> | Liam Dickinson | 22:39       |
| <b>Female</b>   |                | <b>Time</b> |
| 1 <sup>st</sup> | Mary Tibbotts  | 24:27       |
| 2 <sup>nd</sup> | Kerry Salmon   | 24:31       |
| 3 <sup>rd</sup> | Teresa Pomery  | 25:25       |

### 10KM RACE

| <b>Male</b>     |                 | <b>Time</b> |
|-----------------|-----------------|-------------|
| 1 <sup>st</sup> | Jamie McLoughin | 39:35       |
| 2 <sup>nd</sup> | Jamie Maker     | 40:11       |
| 3 <sup>rd</sup> | Mike Essex      | 40:43       |
| <b>Female</b>   |                 | <b>Time</b> |
| 1 <sup>st</sup> | Zelda Meyburgh  | 44:46       |
| 2 <sup>nd</sup> | Beth Rayner     | 46:22       |
| 3 <sup>rd</sup> | Cat Hinchcliffe | 46:58       |

Full results are available here: [Whiteley Village Races 2016](#)

Excellent catering and refreshments provided by the villagers at the end of the race proved very popular, so thanks to all those who worked so hard in the background and helped crew to make the day a success.

It was great to see so many people, old and young alike, having a good time, getting some exercise in the process, and running with a smile on their face. Everyone's efforts was greatly appreciated to making a successful day for the Whiteley Village Trust, so thanks to all for coming along, and especially to Charlotte Martin for coordinating and organising the Whiteley side of the whole event.

See you all again at the next Whiteley Village Races!

Adam