



TRI-ADVENTURE SHERE RACE REPORT 21 FEBRUARY 2016

A new venue for us this month was Shere Village Hall. We had the privilege of being first to use their brand new floor, and thanks to everyone for treating the facilities with respect. The Hall Warden popped in on her way to church as you were all busy studying your maps before the off. The concentration in the room was such that she commented that it was like being back in a school classroom!

The day before, I ran a Navigation Course from Shere for 3 Adventurers. The course introduces the skills required to plan and follow a route around one of our events, as well as reducing the chances of getting lost. Being scheduled for the day before an event makes these courses ideal to put the new found skills into practice. The next course is on 16th April in Effingham; more information [here](#).

I think we'd all agree that this was a great venue and location. We enjoyed a mild Spring day, which remained dry, and a course which, though muddy in parts, was certainly challenging. No-one managed to bag the whole set of Check Points in any of the three events, although Tom Davies came pretty close, dropping just one CP on the run part of the Experience. Nice one Tom!



As word gets around, it's now becoming pretty normal for us to have first timers at a Tri-Adventure event, and Shere was no exception. We had one guy from York, two ladies from Southampton, and three sets of families with their kids, to mention just a few. Welcome to you all!

Another classic Tri-Adventure Start saw competitors heading off in all directions on their run. The determination was particularly evident on a number of faces, as this was the last event in the Winter Series.

In the **Male Experience**, Tom Davies was pushed all the way by Rob Smart, who managed to collect 25 CPs, compared to Tom's 29.

The **Female Experience** was won by Pat Daas who, as usual, had the fastest Transition Time of 17 seconds and finishing well within the time limit.

We again had some pairs taking part in the **Experience Pairs** event this time, and the category was well won by the Mixed Pairing of Julia Derrick and Richard Robinson.

Iva Kalaskova surprised herself by winning the **Ladies' 2 hour Sprint** even though Carys Holloways and Jane Robinson pushed her hard all the way. The mother daughter combination of Naomi and Petra Brewer also did well to collect 8 CPs, even though they arrived back a bit late.

The **Men's Sprint** was a keenly contested affair. Stephen Dadswell clearly got his strategy right, coming in with 15 CPs, in a well timed 1 hour 59.36! That's called timing!

Charlotte Carrivick and Nige Webber couldn't keep their winning streak going from last month in the **Sprint Pairs**, the event being won by Mark Cudmore and Michelle Baeten.

Caroline Jagger-Young was an impressive winner in the **Ladies' 2 hour Trail**, beating her relative Jane, who collected the same number of CPs, by 2½ minutes. It must have been that uphill finish that made the difference!

The **Men's Trail** was a hotly contested affair, with time penalties making the difference. Ian Helm scored an impressive 118 points, with only 3 points separating Chris Ness, Simon Holroyd, and Barry Jones.

EXPERIENCE (4 HOUR EVENT)

MALE	POINTS/TIME
1 st Tom Davies	290 03:53:15
2 nd Rob Smart	214 03:56:40
3 rd Kim Travis	210 04:00:29
FEMALE	POINTS/TIME
1 st Pat Daas	140 03:26:22
PAIRS	POINTS/TIME
1st Julia Derrick/Richard Robinson	100 03:38:31
2nd Anne Beastall/Jodie Bance	70 03:44.17

SPRINT (2 HOUR EVENT)

MALE	POINTS/TIME
1 st Stephen Dadswell	118 01:59:36
2 nd James Brown	110 02:07:55
3 rd Louis Wallace	100 01:55:25
FEMALE	POINTS/TIME
1 st Iva Kalaskova	84 02:02:41
2 nd Carys Holloway	80 01:58:24
3 rd Jane Robinson	80 01:59:20
PAIRS	POINTS/TIME
1 st Mark Cudmore/Michelle Baeten	84 02:02:48
2 nd Chris Maskell/Cat Maskell	80 01:57.28
3 rd Richard Bailey/Michelle Stevenson	70 01:57:03

TRAIL (2 HOUR EVENT)

MALE	POINTS/TIME
1 st Ian Helm	118 02:00:59
2 nd Chris Ness	103 02:03:16
3 rd Simon Holroyd	103 02:08:19
FEMALE	POINTS/TIME
1 st Caroline Jagger-Young	60 01:52:35
2 nd Jane Jagger-Young	60 01.55:02
3 rd Kimberly Krupansky	58 02:00:43

With this being the last of the **WINTER SERIES** (hello Spring!), we also celebrated the Series winners – the people who'd collected the most points, having taken part in at least 2 of the 3 events. Glass trophies were awarded as follows:

MALE EXPERIENCE: ROB SMART

FEMALE EXPERIENCE: PAT DAAS

MALE SPRINT: ROB HARDWICK

FEMALE SPRINT: CARYS HOLLOWAYS

PAIRS SPRINT: RICHARD BAILEY/MICHELLE STEVENSON

MALE TRAIL: IAN HELM

FEMALE TRAIL: ISABEL WALDER

Congratulations to you all, and thanks for making our Events so special.

All the cakes went again, including the gluten free variety, and the Butternut Squash soup provides welcome heating and sustenance after the exertions during the events. It looks like these are very popular additions to the Event package, so we'll continue providing these home made treats throughout the Spring Series.

The full race results, with splits and transition times, are available on the Tri-Adventure website [here](#).

Photos taken at the event can be found and tagged in our Facebook album [here](#).

If you have photos to add from events, please do [email](#) them, tweet them with #Tri_Adventure, or post them on [Facebook](#).

As usual, thanks to those who shared their thoughts and made suggestions on the day. I am always open to suggestions to improve and expand the Tri-Adventure experience for more and more people. If you have had a thought to add since Sunday, please pop it in an [email](#) now!

Next Event: Saturday 12 March at Thursley (note the change of day), will be the first of the Spring Series. Entries are already open, so do take advantage of the Early Bird discounts. We look forward to seeing you there.

Don't forget, in addition to collecting a Tri-Point stamp for every event you take part in, you can also collect a Tri-Point stamp for every person you introduce to one of our events. 6 stamps qualify you for a free entry into a **Trail** or **Sprint** event, or 50% off entry into an **Experience** event. Just click [HERE](#) for more information.

As part of our drive to recruit new AR participants, we took part in the **London Triathlon Show** at London Excel (11-14 February 2016), and our stand was very busy. Nearly 200 people signed up to our Newsletter, and we already had one family come along yesterday, as a direct result of talking to us on our stand. We're also going to be at the **National Triathlon Show** at the Lee Valley Velodrome (9-10 April). Let's hope this creates the momentum for more people trying Adventure Racing.

The dates for the next 12 months are now confirmed, and can be found on our website [here](#), so please put them in your diaries. There will be trophies and prizes at the end of each series (as for the **WINTER SERIES**), and I'll also do something for those who have collected the most points over the nine months.

I can also confirm that we'll run a **12 hour Night & Day Event**, at a location in the Surrey Hills, on **16/17 July**. This is a Pairs only event, and more information can be found at [Night and Day 12 Hour](#). Join the [Facebook N&D Event page](#) to chat and find other people to pair up with.

For those of you who, from time to time, like to take a break from planning your own course, I can confirm that we'll again be running the **Whiteley Village Races** and **The Hurtleberry** next year. The dates are **Sunday, 5th June** and **Sunday 4th September**.

Once again, thanks for coming along to Effingham on Sunday, and thanks also to the team, Leszek, Chris and Liz, who help run these events. I know I say this in every Report but, quite simply, without you, there would be no Tri-Adventure. Please spread the word about these great weekend events, and I look forward to seeing you again at **Thursley**.

Yours in Adventure,

Adam