

Tri-Adventure Race Report

Shere 13 May 2018

As we came over the top at Newlands Corner, early in the morning on our way to set up the Event, we were able to enjoy one of those spectacular Spring mornings in the Surrey Hills, with the mist in the valley, slowly rising. Well worth being up early to see such natural beauty. It was the start of what turned out to be a glorious day, despite the gloomy forecast of clouds and low temperatures.

The numbers were somewhat down on those at the last three events, which is disappointing, but everyone seemed to really enjoy the course, and we had some excellent results. We were back at Shere Village Hall, with its excellent facilities and great access to the heart of the Surrey Hills.

There were some great individual performances, and I'd like to single out Rachel Clay for her spectacular achievement in the 4 hour Experience event. She collected more Check Points than anyone else (male or female), and managed to clear all 15 MTB Check Points. Well done, Rachel. Her 230 points beat the next highest total of 200 by Rob Smart.

It was good to see more youngsters taking part, and welcome back to the Flatau family, whose enthusiasm for Adventure Racing is really infectious. Hope Stevens, racing with her uncle Glenn in the 2 hour Sprint, put up a great performance on this challenging course. Nice to see a couple of dogs pulling their owners round the trails – our mascot Chilli, and Oscar, who was as full of running at the end of the two hours as he was at the start!

Welcome to all the new faces who came along to try out our brand of adventure racing for the first time. Everyone seemed to enjoy it enormously, and there was some fierce competition in all the different categories.

I am proud to say that we normally run a very slick and well organised event, so I'm very upset that I had to deal with a few technical difficulties on this occasion. A couple of the CPs out there remained programmed from the 5 hour Challenge event and we had a bit of a mix up with some of the dibbers.

Not everyone was affected, but it did delay the results at the end, and I'm really sorry for the inconvenience caused. I just hope it didn't detract too much from the enjoyment of taking part in an outdoor challenge on a beautiful day in an Area of Outstanding Natural Beauty The results were all ironed out afterwards.

Often, when it comes to collecting the CPs after we've put everything away and everyone's gone home, the weather turns bad and, as happened last month, I get a bit of a soaking. This time, we had a most beautiful afternoon and evening in a very empty Surrey Hills, and I even came across Wilson, who helped me collect one of the CPs!





The 4 hour Experience racers started leaving from 8.30am in a steady trickle, with the last one going off at 9.29am. Then it was the turn of all the other participants to line up on the sports field, ready for the off.

The start horn went off at 10am, with most people setting off in different directions, and I managed to record a short clip, which I posted as <u>a live stream of the Start</u> on FB just moments after the start of the race.



All the events were keenly contested, and there were some outstanding performances.

Normal service was resumed in Transition, as our usual winner of the transition phase - Pat Daas – was back in first place, taking just 15 seconds to swap her running gear for her MTB.

Rob Smart was a comfortable winner in the **Men's 4 hour Experience**, his 200 points meaning that he collected two CPs more than Paul Floodgate.

The **Ladies' Experience** saw an excellent performance from Rachel Clay, who managed to collect 23 CPs despite the heavy going in some parts of the course, bagging all the MTB CPs along the way. We love your positive approach to Adventure Racing, and your smile is never far away, irrespective of how tough it gets!



Two of our regular solo racers, Stu Stevens and Tom Newton, teamed up this time in the **Pairs' Experience**, and they were impressive winners with 190 points.

Interestingly (and unusually), every participant in the 4 hour Experience finished within the allotted time, so no penalty points had to be deducted from the scores..



After a close contest, Trystan Jones won the 2 hour **Men's Sprint**, beating Ian Curtis into second place by one CP. The **Sprint Pair** of Chris and Clare Gibson, together with Chilli, converted their second place at Effingham into first place, pipping the two Flatau family pairs into joint second place. **The Female's Sprint** was taken by Chantelle Newton. Although Jackie Mitchell collected one CP more, her time penalty points relegated her to second place.

The **Men's 2 hour Trail** was, as usual, a keenly fought race, and Geoff Tookey collected one CP more than anyone else. He almost gave his place away because of late finish penalty points, holding on to win by one point! There was an extremely tight finish for second place, with 3 runners all scoring 120 points, finishing times deciding the places.



Laura Moyano, wearing a very colourful racing outfit, won the **Ladies' 2 hour Trail**, finishing with 8 CPs within the 2 hour time limit. She was followed in by Julie Rose, who came second with 7 CPs



Ian Cartwright zipped round the **Men's MTBO** course, collecting 23 of the 26 CPs within the 2 hours to secure the top spot. This was a particularly impressive performance, given the large number of sandy areas on this course. Jane Robinson collected the most CPs in the **Ladies' MTBO**, but she again came in second, losing out to Wendy Hardy on time penalty points.

Experience (4 hour event)

Male	Points/Time
1 st Rob Smart	200 03:59:42
2 nd Paul Floodgate	180 03:55:03
3 rd James Fraser	170 03:50:53
Female	Points/Time
1 st Rachel Clay	230 03:58:55
2 nd Pat Daas	120 03:40:09
3 rd Clare Fraser	110 03:50:59
Pairs	Points/Time
1 st Tom Newton / Stu Stevens	190 03:50:56
2 nd Jan Poole / Jon Harman	140 03:57:23
3 rd Ollie Neuberger / Graham Richter	120 03:46:28

Sprint (2 hour event)

Male	Points/Time
1 st Tristan Jones	100 01:58:00
2 nd Ian Curtis	90 01:57:18
3 rd Adam Newton	60 01:57:21
Female	Points/Time
1 st Chantelle Newton	60 01:57:07
2 nd Jackie Mitchell	56 02:06:33
Pairs	Points/Time
1 st Chris Gibson / Clare Gibson	80 01:57:35
2 nd Teena Flatau / William Flatau	70 01:55:12
3 rd Simon Flatau / Benjamin Flatau	70 01:55:35

Trail (2 hour event)

Male	Points/Time
1 st Geoff Tookey	121 02:04:14
2 nd James Turner	120 01:55:24
3 rd Christian Pohl	112 02:03:49
Female	Points/Time
1 st Laura Moyano	80 01:59:49
2 nd Julie Rose	70 01:59:20
3 rd Charlotte Healy	58 02:05:55

<u>MTBO</u>

Male	Points/Time
1 st Ian Cartwright	230 01:58:19
2 nd Stephen Dadswell	200 01:59:18
3 rd Sylvan Dehors	182 02:03:38
Female	Points/Time
1 st Wendy Hardy	120 01:51:43
2 nd Jane Řobinson	104 02:12:34

Congratulations to all our worthy winners!

The full race results, with splits and transition times, are available on the Tri-Adventure website here.

If you have photos to add from events, please do <u>email</u> them, tweet them to <u>@tri_adventure</u>, or post them on <u>Facebook</u> / <u>Instagram</u>.

If you entered through one of the listings websites, please post a review of your experience, as we value all feedback.

As usual, thanks to those who shared their thoughts and made suggestions on the day. I am always open to suggestions to improve and expand the Tri-Adventure experience for more and more people. If you have had a thought to add since Sunday, please pop it in an <u>email</u> now!

Thanks to my crew, Chris and Leszek, who worked hard to make the event a success. If you know anyone who might be interested in helping to crew at an event, please get in touch.

NEXT EVENTS

Our next event is at <u>Thursley on Sunday, 17 June</u>. However, before then, we're holding our annual Charity Event at <u>Whiteley Village on Sunday 10 June</u>. Online entry to both events is open. I'll also be running a navigation event the day before the Thursley event, on Saturday 16 June. So, if any of you want to brush up your map reading and strategy skills, why not book a place <u>here</u>, having found out more details here: <u>Navigation Courses</u>.

Once again, thanks to you for coming along to Shere on Sunday. I know I say this in every Report but, quite simply, without you, there would be no Tri-Adventure. Please help us to spread the word about these great weekend events so that we can continue getting the numbers up and building on the very encouraging start we have had to 2018.

I look forward to seeing you again in June.

Finally, please use Social Media to tell others about Tri-Adventure – Facebook, Twitter, Instagram, etc. We want to keep putting on fantastic events, which challenge people whilst making them feel good (as those of you who take part will confirm), and we need to keep increasing our numbers to make this happen.

Yours in Adventure,

Adam

