









Tri-Adventure Race Report

Whiteley Village Races Report

10 June 2018

The relatively cloudy morning this year continued until the start time for the youngsters Scoot, Bike and Run events and then, as if by magic, the clouds disappeared and the sun came out (and stayed out).

I don't know what it is about our event at Whiteley, but this is the fifth year in a row that we've had glorious weather to welcome our runners, their supporters and their families. Whiteley Village is such a beautiful setting, and when the sun is out, and the rhododendrons and other flowers are in bloom, there are few more attractive places in the Surrey Hills.





As we have in the past, we set out to make this day one for all the family, so it was great to see so many of you with your kids, grandkids, and so on. We enjoy putting on events which cater for everyone – from the 3 and 4 year olds, through to part time runners, and also the seriously fit racers. The weather also played its part in getting the numbers up, and our Volunteer Villagers on Registration Desk did a sterling job in coping with all the people arriving to register, especially dealing with the 60 Entries on the Day making it the biggest Whiteley Run Event to date. This year, we had over 330 entered in to the various events.

Building on the success of the new events last year, we continued with the Scoot, 2.5k Youth run, as well as a 5k Walk. So, we had a whole range of races, from the well tested 5k and 10k runs and the 5k Obstacle Race, to the Scoot, 1k Fun Run, 2.5k runs and the 5k walk.





It was great to see so many youngsters enthusiastically taking part in the Scoot and 1k runs. Melissa, who runs her own company – <u>Thrive: Joy of Fitness</u> – was on hand again to take the youngsters through their warm up routine, and then I led them off on their challenge at 9.30am. It seemed that, no sooner had the starting klaxon sounded, the first 1k runners were crossing the finishing line!. Even at such a young age, there was a lot of competition between the "scooters" and the runners.





Once the youngsters' fun races were over, it was time for the big run events. With the sun shining brightly, Melissa again took everyone through their warm up routines before the start, and she was there again, after the race, skilfully helping to soothe and bring back to life those tired limbs.



This year, we decided that the 2,5k and 5k and 10k races, and the 5k walk, would all set off at 10.30am, making a great atmosphere as a mass start. Then it was off to the 5k Obstacle Course, which started at 11.00am. All of a sudden, all the hustle, bustle, and noise in the Event Village disappeared, allowing the Organisers to have a tiny little breather. A fast pace was set by the leaders in all the events, and congratulations to the winners listed below, especially to Adam Bennett, who broke the 40 minute 10k barrier at Whiteley, a first for Whiteley Races. I also want to mention the incredible performance from the youngest runner in the men's 5k race – Jake Meyburgh – who won the race in a very impressive 22.28 minutes.

<u>10KM</u>





Male	Time
1 st Adam Bennett	00:39:09
2 nd Alex Rothwell	00:40:38
3 rd James McLoughin	00:41:21
Female	Time
1 st Sarah Ockendon	00:50:25
2 nd Kamela Prevett	00:50:31
3 rd Cat Hinchliffe	00:52:27

<u>5KM</u>

Male	Time
1 st Jake Meyburgh	00:22:28
2 nd Colin Bradley	00:24:58
3 rd Andy Pinks	00:25.06
Female	Time
1 st Zelda Meyburgh	00:25:39
2 nd Julie Evans	00:28:25
3 rd Ann Beckett	00:28:32





<u>2.5KM</u>





Male	Time
1 st Archie Colvan	00:12:25
2 nd Murray Pinks	00:13:20
3 rd Joel Pinks	00:14:27
Female	Time
1 st Ella Spagatner-West	00:15:02
2 nd Sophia Trotman	00:16:21
3 rd Ashleigh Pelzer	00:17:16

5KM Obstacle Course



The course proved quite challenging in parts, without being too difficult for the average runners, and I'm happy that everyone managed to get round in good time, even though one or two runners found the heat too much and decided to terminate their race early. We'd put a lot of effort into marking out the route, and I was very pleased to hear that no-one got lost by missing a marker!

I really appreciated all the positive feedback, which included praise for the course layout and signage, and for the smooth running of the Registration Desk. Many of you said you'd had a wonderful time. So, in addition to next year's June event, we're working with the Trust to put on a Hallowe'en event in October. A big thanks to the Village Residents who volunteered their time to crew and marshal at the event. It is great to see this event grow and I would really like to see the Village Races break the 400 mark next time.

Excellent catering and refreshments at the end of the race, as well as the side stalls and the bouncy castle, proved very popular, and thanks need to be passed on to all the people who worked so hard in the background to make the day a success. Thanks, also, to our Sponsors, who supplied gifts for the winners, medals for all participants, and water/bananas for all the runners in the 5k and 10k events.

Some of the villagers got involved as course marshals and helped to make sure that all the runners got round the course without mishap. It was great to see so many people, old and young alike, having a good time, getting some exercise in the process, and running with a smile on their face. Everyone's efforts helped to contribute well over the amount we raised for the Village Trust last year, so thanks to all for coming along, and especially to Claire Atkins for coordinating and organising the Whiteley side of the whole event.

See you again next year (definitely), and maybe later this year, too!

Adam











