

Tri-Adventure Event Report

Effingham 9th August 2020

A course was cleared!



Tri-Adventure Race Report

Effingham 9th August 2020

Hi Tri-Adventurers, what another fab event we had on Sunday, even if it was a little hot! Well done to all of you for taking on the heat. It must have been lovely to have found the shade of the trees on the North Downs Way. I have never put an event on in August before since it is a holiday period, but as you know things are different now and we saw 135 signed up to this one. We will be back in September and every month after that, I am just sorting out venues. I like to set a challenging course for all abilities and I have to take my hat off to Jonathan Crickmore (GB Orienteer) who visited all of my Trail Run checkpoints within the 2 hour time limit, well done! We also saw participants as young as 2 and 4 hitch a ride with mum and dad in the MTBO category showing that my events really are a #TRI4ALL!



It was a hot day with temperatures in the 30s, and I thank you all for coming well prepared for those conditions. I said it last month, Effingham is a great venue as we adapt to the new norm and get event back up and running. I am currently looking at other outdoor venues to host my events into Autumn. Some of you had fun looking for number 12 at a fallen tree, so to put your minds to rest I filmed this short clip of where number 12 was [Link to video](https://youtu.be/7dFCGFgSDzg), <https://youtu.be/7dFCGFgSDzg>. In fact 48 of you found it and I commend your navigation and interpretation of the map.

Thanks to Jenni (yogifit.co.uk) who welcomed you all from the car park and the delivered a number of post event stretch outs in the shade of the trees.

I was so pleased to see so many folk had enjoyed their Adventure in the Surrey Hills as they made their sprint return back to Effingham. There were some very close battles that had only seconds in deciding positions. Remember you can look at other peoples checkpoint orders and timings through the splits link in the results.

If you do have any comments or ideas for adjustments drop me an email: events@triadventure.co.uk.



Congratulations to Karen and Emma Jones in the **Mini Trail** who visited 9 checkpoints on this challenging course to finish 6 minutes over. Karen who normally competes with Andy, split forces to introduce others to Tri-Adventure Events. Andy took on the MTBO. Karen and Emma achieved the most points by a comfortable margin.



It was a close battle in the boys **MTBO** with Ian and Stephen separated by only 49 seconds having visited 20 checkpoints. Unfortunately Stephen lost a point for being 1 second over the time! Rachael Clay was a solid 4th over all to take the female win with 189 points having visited 19 checkpoints. Johny Hauxwell was on good form and can be see lifting two bikes above.



The **4 hour Long** was won by the returning Tom Davis who visited 25 check points within the 4 hour time limit, 2 more than Rupert in second place. Last month Tom completed his Bob Graham Round within 24 hours, so well done. The winning pair were Helen and Daniel Murphy who got around 21 of the checkpoints and finished in just under 2 minutes over the time. Hannah continued her winning form with visiting 22 checkpoints and somehow managing to hold on to the lead despite arriving 24 minutes (Losing 49 points) after the 4 hours. Well done to you all.



In the **2 hour Short**, Tim Beale was a winner with 11 checkpoints visited. It was tight as the mixed pairs duo of Stu and Hope Stevens were right behind having collected 11 checkpoints and dibbed the finish 38 seconds after Tim. Well done to you both. Jennifer Hunt visited 11 checkpoints but was just over 3 minutes late back to lose 7 points, but still a clear winner.

Then there was very exciting achievement in the **Trail Run**, Jonathan Crickmore managed to clear the course, which means he visited all the check points and was back within the time limit, Amazing! A quick search showed that Jonathan is a GB Orienteer and has some impressive run times to his name, including a <15 min 5k, well done Jonathan. The ladies were equally impressive with Laura Robertson taking 6th place overall having visited 13 checkpoints which would have positioned her 2nd overall behind Jonathan, but received 21 penalty points for being 10 minutes late to comfortably hold on to the win by 29 points. Very impressive!

Don't worry Tri-Adventurers, I am not going to make the events any more Challenging for the masses! It is great to see athletes take on the challenge to clear a course and succeed. The summer dry conditions do allow for a speedy round.

LONG (4 hour event)

| Male | Points/Time |
|--|--------------------|
| 1st Tom Davies | 250 03:58:23 |
| Female | Points/Time |
| 1 st Hannah Cooke | 171 04:24:19 |
| Pairs | Points/Time |
| 1 st Helen Murphy / Daniel Murphy | 206 04:01:57 |

SHORT (2 hour event)

| Male | Points/Time |
|-----------------------------------|--------------|
| 1st Tim Beale | 107 02:01:06 |
| Female | Points/Time |
| 1st Jennifer Hunt | 103 02:03:01 |
| Pairs | Points/Time |
| 1st Stuart Stevens / Hope Stevens | 106 02:01:44 |

Trail (2 hour event)

| Male | Points/Time |
|--|--------------|
| 1 st Jonathan Crickmore, Cleared the course! | 150 01:54:47 |
| Female | Points/Time |
| 1 st Laura Robertson | 109 02:10:09 |

Mini Trail (1 hour event)

| All | Points/Time |
|--|-------------|
| 1 st Karen Jones / Emma Jones | 77 01:06:15 |

MTBO (2 hour event)

| Male | Points/Time |
|--------------------------------|--------------|
| 1 st Ian Cartwright | 200 01:59:10 |
| Female | Points/Time |
| 1st Rachel Clay | 189 02:00:07 |

Congratulations to all our worthy winners! I will email you out your vouchers for future entry into your events. The full race results, with splits and transition times, are available on the Tri-Adventure website [here](#). If you have photos to add from events, please do [email](#) them, tweet them to [@tri_adventure](#), or post them on [Facebook](#) / [Instagram](#).

Spread the word

Do tell your friends about the events and how they are for all abilities and skill levels. Part of the fun is getting a bit lost! We are a friendly bunch.

NEXT EVENTS

Leave this with me! We will be back in September and each month after that, that is the plan and I will sort out suitable venues after the success of the two in Effingham. It won't be the first weekend in September though.

Thanks to the team of Tracey, Ed, and Jenni for helping me to ensure that we put on another great event. Our priority during these unusual times is Tri-Adventure safety and I thank you for respecting the measure we put in place. Thank you goes to Jack for the permissions to use the parking field from Howard of Effingham School. Many of you feedback the good turnout from seeing all the cars.

I know I say this in every Report but, quite simply, without you, there would be no Tri-Adventure. Please help us to spread the word about these great weekend events so that we can keep the numbers over 100+, and I look forward to seeing you again in March.

Finally, please use Social Media to tell others about Tri-Adventure – Facebook, Twitter, Instagram, etc. We want to keep putting on fantastic events, which challenge people whilst making them feel good (as

those of you who take part will confirm), and we need to keep increasing our numbers to make this happen.

Yours in Adventure,

Adam

